

LUNCH BUNCH/BREAKFAST CLUB

How fun would it be to explore, play, and try new foods with peers?

Feeding enrichment groups designed by skilled feeding therapists at Abilities in Action to encourage children to explore food via sensory experiences and hands-on activities.

A play-based program that will focus on your child's comfort level in exploring and learning about food using a stress-free and responsive approach. The group setting provides a naturalistic opportunity for peer modeling while exploring different foods. We believe this makes the experience even more fun and contributes to a more successful mealtime! Children are grouped by age: 3-4 years, 5-7 years and 8-10 years.

June 20-August 21, 2025

Mondays 8-9am, Tuesdays 12-1pm, Tuesdays 2-3pm or Thursdays 2-3pm



Size: 4-5 children
Cost: \$400 for 8 sessions

